FOURTH STEP INVENTORY: RESENTMENTS

I'm Resentful At	The Cause	What Part Os Self Was Hurt Or Threatened?							Where Was I To Blame?					
The names of people, institutions or principles with whom I am angry. *"We went back through our lives. Nothing counted but thorough-ness and honesty"*	*(Why I Am Angry)*	Self Esteem	Pride	Emotional Security	Pocketbook	Ambitions	Personal Relations	Sex Relations	Dishonest	Selfish	Self-Seeking	Frightened	Inconsiderate	The Nature Of Our Wrong Be specific, e.g.; Lied to Mom Cheated on Spouse

FOURTH STEP INVENTORY: SEX CONDUCT & HARM DONE TO OTHERS

Whom Did I Hurt?	We List Each Thing We Did To Them	Did I Unjustifiably Arouse			Where Was I At Fault				What Should I Have Done Instead?
		Jealousy	Suspicion	Bitterness	Selfishness	Dishonesty	Inconsiderate	Was this relation-ship selfish?	"We asked God to mold our ideals and to help us live up to them." "We asked God in meditation.....what we should do for each specific matter." "We earnestly pray for the right ideal for guidance in each questionable situation, for sanity, and for strength to do the right thing."

FOURTH STEP INVENTORY: FEAR

What Am I Afraid Of? *"When we saw our fears we listed them."*	**What Part Of Self Have I Been Relying On Which Has Failed Me?**							**Fear Prayer:** "God, please remove my fear of _____ and direct my attention towards what you would have me be."
	Self-Esteem	Pride	Emotional Security	Pocketbook	Ambitions	Personal Relations	Sex Relations	